

Ecological Footprint



- The ecological footprint is a way to describe our impact on the planet. It shows the amount of land that we use to provide us with everything we use. i.e. food, heat, light, clothes, travel etc..
- It also includes the amount of waste we use.
- My eco footprint is expressed in terms of the number of planets we need if everyone on earth lived as I do.
- If everyone on Earth lived as the average Irish person does, using energy, consumption, travel and waste, it would take 3 planets to cater for us all.
- The target with your eco footprint is to become a “one planet” person.
- The eco footprint is expressed in terms of global hectares. At present 1.9 hectares is an individuals fair share of land.
- The average eco footprint in Ireland is over 5 global hectares per person!
- www.change.ie helps you measure your eco footprint, and has plenty of tips and advice on reducing your footprint.